



## SPEAKER PROFILE

[e rwatson@bromptonassociates.com](mailto:rwatson@bromptonassociates.com)

[t +44\(0\)7977 503 331](tel:+44(0)7977503331)

[in www.linkedin.com/in/rebecca-watson](http://www.linkedin.com/in/rebecca-watson)

Rebecca Watson is a thought leader in the field of 'human consciousness'. She explores how our level of consciousness affects our personal happiness and success in life, as well as how we co-create our working environments and societies.

With a background in commercial law and change management consultancy, Rebecca's experience has led her into the field of Conscious Coaching, specialising in leadership, team and organisational development with clients ranging from HMRC, RAF, Siemens and Swedish Institute of Public Health.

Rebecca believes in a holistic approach and her input yields incredible results and proven positive change, leading to innovation, creativity and growth.

Rebecca has spoken at a variety of conferences, universities and business forums across Europe and is a visiting Professor for London Metropolitan University.

### *Rebecca says:*

*"We are all co-creating energetic fields. Once you are conscious of this phenomenon you become very powerful in the system - you are more aware of what you are putting into this energy 'soup'. This is the purpose of a 'Conscious Leader'. From here, you can achieve anything..."*

### Areas of Expertise:

- Organisational Development – creating learning cultures
- Energetic Fields - how we are all co-creating them and how to harness their power
- NLP – working with all parts of the system to gain top results
- Evolution of human consciousness – how to raise your level of consciousness
- Business – gaining financial growth with fun and ease
- Conscious Coaching - advanced techniques for change agents and coaches
- Unconscious Bias - the real reason we still don't have diverse leadership teams!

### Previous engagements:

- What the most advanced leaders are doing, and why
- Conscious Leadership – what it means, how to do it, the amazing results
- Why cultural change programmes don't work – a cheaper solution
- Strategy for creative and innovative cultures
- The use of mindfulness for next generation leadership
- Finding your true career path and loving your work
- Mid-life Awakening - how to spot it and what it's all about
- Promoting women in technology: what will you be famous for?

### Books & Publications include:

- Conscious Leadership and the Power of energetic fields
- Creating High Performing Teams- A step-by-step guide for leaders
- Global Public Health – Leaders of Tomorrow, what is at stake

*"Rebecca Watson has made a huge contribution to the field of leadership development. Unless individual and cultural consciousness changes there's not likely to be any real, lasting change happening."*

*John Renesch, U.S. futurist, author, "The Conscious Organization," "Conscious Leadership," founder FutureShapers LLC*

